

Parent Education Resource Center

The PERC is open for parents and caregivers to access resources, meet, network and learn in an informal setting. Parents can learn together and develop the tools needed to help their child achieve social-emotional and academic goals.

NSSEO is excited to offer parent/caregiver learning opportunities for the 2021-2022 school year!

Date	Time	Title and Description	Registration Link
10/7/21	7:00 PM - 8:00 PM	<i>Special Education Networking Group:</i> Connect with other caregivers and join the discussion around many topics including generalizing skills, creating routines, and more. Facilitated by NSSEO coaches, these events will be dynamic and informational. Come with questions and advice for others!	Sign Up
10/7/21	6:00 PM	<i>What To Expect at Your Child's TAP/Transition Meeting:</i> Get ready to learn all about Virtual IEPs, share your experiences, and ask questions! Parents will have the opportunity to collaborate, discuss, and learn about the challenges of engaging in your child's IEP from a virtual lens. Facilitated by NSSEO Coach Kristie Wurglitz and NSSEO Transition and Career Specialist Greg Ciufu, this session emphasizes what to expect, how to adapt and adjust, and how to prepare yourself in advance for a virtual IEP meeting. This second session will focus more specifically on <u>What to Expect During a remote Transition Action Planning (TAP) meeting.</u>	Sign Up
10/12/21	6:00 PM - 7:30 PM	<i>ISRC Family Literacy Event:</i> All registered families will receive a copy of the book: Calvin Can't Fly: The Story of a Bookworm Birdie By Jennifer Berne Sign Language Interpreter Provided and Spanish Translator available upon advanced request.	Sign Up
10/18/21	6:30 PM - 7:30 PM	<i>How Anxiety Affects Our Children:</i> We all feel anxious sometimes, and our children are no exception! Join us for this parent event where we will be talking through the anxiety iceberg,	Sign Up

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		behaviors associated with anxiety, and how to best support your students.	
10/19/21	6:00 PM - 7:00 PM	<i>Transition Networking Group:</i> Come join parents/caregivers of transition aged and soon to be transition aged children. Take time to network with others and share your experiences in this supportive group setting.	Sign Up
10/20/21	6:00 PM	<i>What To Expect at Your Child's IEP Meeting:</i> Get ready to learn all about IEP meetings, share your experiences, and ask questions! Parents will have the opportunity to collaborate, discuss, and learn about the challenges of engaging in your child's IEP meeting. Facilitated by NSSEO Coach Kristie Wurglitz and NSSEO Transition and Career Specialist Greg Ciufu, this session emphasizes what to expect, an explanation of all the components of an IEP, and how to prepare yourself in advance for an IEP meeting. When parents have a stronger understanding of the IEP process, students benefit by having a collaborative working team of advocates creating and implementing a plan that best meets the students needs both at school and at home.	Sign Up
10/21/21	6:00 PM - 7:30 PM	<i>Special Education Acronyms - What It All Means!:</i> There are a lot of acronyms in the special education world! We all need a cheat sheet sometimes. Learn about the special education acronyms where they came from and what they mean for your student. This includes the opportunity to ask specific questions.	Sign Up
10/27/21	6:00 PM - 7:00 PM	<i>Know Your Options:</i> Offers DD waiver services. Eligibility criteria for DDD waiver funding, home-based Service Program - a self-directed program, Community Integrated Living Arrangements (CILA) - provider-directed, and DRS waiver - Home Services Program compared to DD waiver.	Sign Up

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11/4/21	7:00 PM - 8:00 PM	<i>Special Education Networking Group:</i> Connect with other caregivers and join the discussion around many topics including generalizing skills, creating routines, and more. Facilitated by NSSEO coaches, these events will be dynamic and informational. Come with questions and advice for others!	Sign Up
11/8/21	6:30 PM	<i>How Guardianship Changes at Age 18:</i> More information to come.	Sign Up
11/15/21	6:00 PM	<i>Deescalation Strategies For Parents:</i> Supporting children who engage in problem behavior can seem overwhelming. Join us in learning different strategies to de-escalate situations before they possibly get out of hand. We'll go over verbal de-escalation and also helpful tips for maintaining safety.	Sign Up
11/18/21	6:00 PM - 7:00 PM	<i>Transition Networking Group:</i> Come join parents/caregivers of transition aged and soon to be transition aged children. Take time to network with others and share your experiences in this supportive group setting.	Sign Up
12/2/21	7:00 PM - 8:00 PM	<i>Special Education Networking Group:</i> Connect with other caregivers and join the discussion around many topics including generalizing skills, creating routines, and more. Facilitated by NSSEO coaches, these events will be dynamic and informational. Come with questions and advice for others!	Sign Up
12/7/21	6:30 PM - 7:30 PM	<i>Social Thinking For Parents/Caregivers:</i> We want our kids to be successful social communicators but it takes a lot of different skills and practice. One way we help our kids learn these skills is through Social Thinking. Social Thinking is a language based approach to teaching perspective skills and how to interact with others successfully. Come join this evening to learn more about what Social Thinking is and how we can use it at home.	Sign Up

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1/6/22	7:00 PM - 8:00 PM	<i>Special Education Networking Group:</i> Connect with other caregivers and join the discussion around many topics including generalizing skills, creating routines, and more. Facilitated by NSSEO coaches, these events will be dynamic and informational. Come with questions and advice for others!	Sign Up
1/13/22	6:00 PM - 7:00 PM	<i>Transition Networking Group:</i> Come join parents/caregivers of transition aged and soon to be transition aged children. Take time to network with others and share your experiences in this supportive group setting.	Sign Up
1/18/22, 1/25/22	6:30 PM - 8:00 PM	<i>Book Club: Strength-Based Parenting:</i> How can you discover your children's unique talents? How can you use your own talents and strengths to be the most effective and supportive parent possible? Strengths Based Parenting addresses these and other questions on parents' minds. But unlike many parenting books, Strengths Based Parenting focuses on identifying and understanding what your children are naturally good at and where they thrive — not on their weaknesses. The book also helps you uncover your own innate talents and effectively apply them to your individual parenting style. Raising a child truly takes a village. Strengths Based Parenting can help parents learn how to partner with teachers, coaches and other adults in their kids' lives to create a positive, supportive environment to develop their talents into strengths and instill confidence.	Sign Up
2/3/22	7:00 PM - 8:00 PM	<i>Special Education Networking Group:</i> Connect with other caregivers and join the discussion around many topics including generalizing skills, creating routines, and more. Facilitated by NSSEO coaches, these events will be dynamic and informational. Come with questions and advice for others!	Sign Up
2/9/22	6:30 PM - 7:30 PM	<i>Zones of Regulation Training For Parents/Caregivers:</i> Learning to self-regulate is an important skill to learn. The Zones of Regulation is one approach often used to teach students how to do	Sign Up

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		<p>this. It utilizes a visual representation/color system to teach feelings and emotions as well as create a toolbox of strategies to use so students can learn to self regulate on their own. Come join us this evening to learn more about Zones and how it is used.</p>	
2/15/22	6:00 PM - 7:00 PM	<p><i>Transition Networking Group:</i> Come join parents/caregivers of transition aged and soon to be transition aged children. Take time to network with others and share your experiences in this supportive group setting.</p>	Sign Up
3/3/22	7:00 PM - 8:00 PM	<p><i>Special Education Networking Group:</i> Connect with other caregivers and join the discussion around many topics including generalizing skills, creating routines, and more. Facilitated by NSSEO coaches, these events will be dynamic and informational. Come with questions and advice for others!</p>	Sign Up
3/8/22	6:00 PM	<p><i>Executive Functioning For Parents:</i> Executive functioning is a buzzword that gets thrown around a lot, but what does it mean for your student? We'll be looking into the critical elements that make up executive functioning and identifying what we can use at home to support your child's skill building.</p>	Sign Up
3/10/22	6:00 PM - 7:00 PM	<p><i>Transition Networking Group:</i> Come join parents/caregivers of transition aged and soon to be transition aged children. Take time to network with others and share your experiences in this supportive group setting.</p>	Sign Up
4/7/22	7:00 PM - 8:00 PM	<p><i>Special Education Networking Group:</i> Connect with other caregivers and join the discussion around many topics including generalizing skills, creating routines, and more. Facilitated by NSSEO coaches, these events will be dynamic and informational. Come with questions and advice for others!</p>	Sign Up
4/19/21	6:00 PM - 7:00 PM	<p><i>Transition Networking Group:</i> Come join parents/caregivers of transition aged and soon to be transition aged children. Take time to network with</p>	Sign Up



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5/5/22	7:00 PM - 8:00 PM	<i>Special Education Networking Group:</i> Connect with other caregivers and join the discussion around many topics including generalizing skills, creating routines, and more. Facilitated by NSSEO coaches, these events will be dynamic and informational. Come with questions and advice for others!	Sign Up
5/18/22	6:00 PM - 7:00 PM	<i>Transition Networking Group:</i> Come join parents/caregivers of transition aged and soon to be transition aged children. Take time to network with others and share your experiences in this supportive group setting.	Sign Up

For more information about any of our upcoming events, please contact Stacy Colgan, scolgan@nsseo.org.

For more information about registration, please contact Maddie Rodriguez, mrodriguez@nsseo.org.